

XXth CAA AFRICAN ATHLETICS CHAMPIONSHIPS

**DURBAN (SOUTH AFRICA)
FROM 22 TO 26 JUNE 2016**

TECHNICAL REGULATIONS

I – VENUE, DATE AND EVENTS

1.1. The XXth CAA African Athletics Championships will take place from **22 to 26 June 2016 in Durban** (South Africa Republic) according to the Program below:

1.2. ***There are 44 events on the program:*** 22 for Men and 22 for women.

MEN

100m–200m–400m–800m–1500m–5000m–10000m–110m Hurdles–400m Hurdles–3000m SC–20 km walk- 4 x 100m–4 x 400m -Decathlon–High Jump–Pole Vault–Long Jump–Triple Jump–Shot Put–Discus–Hammer–Javelin.

WOMEN

100m–200m–400m–800m–1500m–5000m–10000m–100m Hurdles–400m Hurdles–3000m SC–20 km walk–4 x 100m–4 x 400m - Heptathlon – High Jump – Pole Vault–Long Jump–Triple Jump–Shot Put–Discus–Hammer–Javelin.

II – PARTICIPATION CONDITIONS

2.1. Age categories

-These championships are opened to seniors, however:

The Under 20 Athletes

Any athlete aged between 18 and 19 years as at 31st December of the competition year (**born in 1997 or 1998**) may participate in any event.

The Under 18 Athletes

Any athlete aged between 16 and 17 years as at 31st December of the competition year (**born in 1999 or 2000**) may compete in any event.

Anyway, the maximum number of events in which a youth athlete may participate is **two (02) individual events plus the relay.**

If the two individual events are races, only one of these individual races may be **superior to 200m.**

- **Athletes aged less than 16 years**

Any athlete aged less than 16 years as at 31st December of the competition year (born in 2001 and after) is allowed to compete.

2.2. Qualification standards in appendix

In accordance with the Africa Championships regulations, each member federation is allowed to enter in each event:

- **Either one (01) athlete**, though having not achieved the required standard,
- **Or two (02) or three (03) athletes** having achieved the standards.

2.3. Ratios of Teams

Each delegation will be supervised in accordance with the ratio of coaches in appendix.

2.4. The preliminary entries must be sent to the organizing committee and to CAA before March 1st at midnight latest (South Africa Local time) with:

- The number of athletes per event and the relay team
- The number and gender of accompanying officials

2.5. The final entries will be received as from Monday 2 May and their reception will be closed on 23 May 2016 at midnight (South Africa local time).

Entries will consist in sending forms established for that purpose and duly filled in with:

- Name and Surname of athletes as well as the performance of each one with the date and venue of achievement.
- Name and surname, gender and function of accompanying Officials ;
- List of **National Records** (Men and Women).

All These documents must be compulsorily sent to the Organizing committee and to CAA through the addresses below:

Local Organizing Committee of the
XXth Africa championships in Athletics
Ahltetics South Africa
Fax: +27 11 788 6872 / 442 3091
E-mail: rsa@mf.iaaf.org ou asa@athleticssa.co.za

Confederation of African Athletics
Hann Mariste, Cité Som, Bloc-C
BP 88Dakar – (Sénégal)
Tél : +221 33 832 83 97 / 33 832 83 98
Fax : +221 33 832 84 02
Email: caaa@orange.sn

2.6. The final confirmation of entries will be made at the technical meeting the latest and will be concerning the whole competition events

However, for the events of the 2nd, 3rd, 4th and 5th days, daily confirmations must be made on the eve of each event latest at 12 :00 am and deposited to the Technical information center, some forms will be available for that purpose at the TIC.

III- TECHNICAL INFORMATIONS (TIC)

3.1. Technical Information Centre (TIC)

- A technical information centre will be set up inside the stadium; its main role will be to ensure a better liaison between each delegation, the technical secretariat, the organizing committee and the technical delegates.
- The TIC will be open as from **Monday 20 June from 9:00 am to 7:00p m** and this until the end of the championships.
- Besides, the TIC will be responsible for the following:
 - Notification of start- lists
 - Registration of confirmations
 - Submission of oral protest in case the concerning referee is not available
 - Protests to the Jury of Appeal
 - Registration of requests for anti-doping controls for area records and the viewing of the photo finish
 - Urgent notifications
 - Publication of the results

3.2. Technical meeting

- The technical meeting will take place on **Tuesday 21th June**, the time and the venue are to be confirmed.
- The following will take part in the technical meeting
 - The national federation's representative
 - The CAA representative
 - The representatives of the organizing committee
 - The organization delegates
 - The Technical delegates
 - The anti-doping delegate
 - The medical delegate
 - The members of the Jury of Appeal
 - The CAA International technical officials (ITOs) and walking judges
 - The main technical officials of the competition
 - TWO (02) representatives per delegation
- The agenda of the technical meeting will be communicated to you as soon as arrival at Durban.

– 3.3. Guidance Visit

A guidance visit will be organized before the start of the championships in order to identify the following venues: cloakrooms, warming up zone, anti doping control zone, call room, rest zone for combined events athletes etc.

It will take place immediately after the technical meeting. Each delegation may be represented by a maximum number of **two (02) persons**.

IV – MEDICAL AND ANTI-DOPING SERVICES

4.1. A medical Commission appointed by the Organizing Committee will deal with all medical issues in general order of urgency. The delegations are by the way invited to subscribe for insurance for their delegates for serious cases requiring heavy assistance and repatriations in medical conditions.

4.2. The anti doping control will be carried out in accordance to IAAF rules. Further information will be provided at the technical meeting by the anti doping technical delegate

V – ACCOMMODATION AND FOOD CATERING

5.1. In accordance with the Africa championships regulations, the accommodation and food catering are provided free of charge by the organizing committee to all delegations **from 20 to 28 June 2016** (period of charge taking).

5.2. Any additional person (outside quota) as well as any person who arrives **before 20th June** and /or stays **after 28 June** shall pay fifty (50) dollars US per day.

5.3. All athletes, coaches, medical and paramedical agents, chiefs of delegation, council members, guests, Delegates and International Technical officials (ITOs and Walking judges) will be accommodated in hotels.

VI – TRANSPORT

6.1. A detailed timetable of transport services to the training and competition venues will be available at the TIC and to the information desk of each accommodation site.

6.2. The organizing committee will assure the transport to Durban for the preparation and organization of the 20th Africa Championships of the various CAA delegates who are:

- The CAA President,
- The CAA General Secretary,
- The CAA Staff (the President's Cabinet and General Secretariat)
- The CAA Technical Director,
- The organizational Delegates (2),
- The Technical delegates (2),
- The antidoping control delegate (1),
- The Walking Judges (4),
- The members of the Jury of Appeal (5),
- The International Technical officials ITOs (6).

VII- COMPETITION REGULATION

7.1. Qualification procedure

After the final confirmations, the start lists will be established in compliance with the rule 166 of the IAAF manual in force.

In case a round is cancelled after an insufficient number of entries, all delegations will be informed of this as soon as possible.

The qualification procedures will be defined by the technical delegates in accordance with IAAF regulations and communicated to chiefs of delegation at the technical meeting.

7.2. Clothing:

The competitors must wear the uniform approved by their federation. The protocol ceremony is part of the competition.

Each chief of delegation will be asked to present photos of the official whole uniform of its delegation at the TIC or at the information desk as soon as he arrives, so as to assure the respect of rules by the competitors.

The photos of the official uniform will be submitted for approval by the technical delegates and some copies will be given to the call room judges so as to enable them to check the uniform of each competitor during the control in conformity with the rule 143.1 of IAAF manual.

7.3. Bibs

At the end of the technical meeting, delegations will receive bibs for the athletes.

They must wear two bibs, one on the chest and one on the back. Additional bids must be put on the bag and/or on the top wear if it is worn during the competition.

However, for the high Jump and the pole vault, athletes are allowed to only put on one bib, either on the chest or on the back.

For races, all competitors will receive at the call room or the departure zone, two small additional numbers (which identify the lane or the position drawn by lot); these ones must be placed on each side of the shorts or the legs.

In relays, bibs with country code will be given to athletes; these bids must be put on the chest and the individual bid on the back.

It is forbidden to perforate, to cut off or to fold down the bibs which must be worn as they were received.

7.4. Markers

-Field events:

Athletes participating in field events (jumps and javelin) must use markers provided by the organizer to assist them in their run up. A maximum of **two (02) markers** are allowed. For throws made from a circle, an athlete may use only one marker placed only on the ground behind or adjacent to the circle in position only for the duration of each athlete's own trial.

-Relays:

Each relay team will receive at the call room, some adhesive tape of a standard length. It is forbidden to cut off the tape. There must be only one mark for the 2nd, 3rd and 4th relays.

7.5. Equipment

Throwing implements shall comply with IAAF rules.

Some implements will be provided by the organizing committee for training and for competition.

The use of personal implements will be allowed provided they are checked and approved by the technical delegates. Personal implements must be deposited at the TIC on the eve of each event for verification by the technical delegate.

7.6. Poles

The pole or cases must be clearly identified: with the name of the athlete and his bib number.

All poles will be carried from airport to the stadium where they will be kept until the day of the competition.

Before the various field events, poles must be deposited on the competition venue where they will be checked.

VIII- Call Room

Athletes must come alone to the call room and at the precise set hour. This means that all delegations must make sure that their athletes know the time to get to the call room. Coming late to the call room may bring about exclusion to participate in the event.

- Athletes will present at the call room according to the timetable below :

Events	1st Call	2nd Call	Entry Call room	Exit Call room	Entry stadium
Track events	45	35	30	15	10
Hurdles and relays	50	40	35	20	15
Horizontal Field events	65	55	50	35	30
High jump	75	65	60	45	40
Pole vault	95	85	80	65	60

- Access to call room shall be forbidden to officials (VIP, chiefs of delegations), to team representatives, to coaches and to medias.

The main role of the call room will be in accordance with rule 138 of IAAF Manual. Once in the call room, athletes will be identified by their accreditation card and by their bibs' numbers.

Then, the officials will have to check:

- The competition bibs
- The official competition Uniform
- The shoes
- Advertisement on the uniform, bag etc. according to rule 143 of IAAF.

Except of the logo of the uniform maker, no advertisement shall appear on the competition uniform.

Unauthorized requisites:

That the bags, bottles of drink etc are not displaying forbidden publicity will also be checked.

It is also forbidden to bring any technical electronic device (radio, mobile phone, walkman, etc) on the competition venue.

These ones shall be identified and kept at the call room and be given them back after the event.

After verification by the officials, athletes will head for the waiting area of the call room before being accompanied to the competition venue.

IX- COMBINED EVENTS

Athletes participating in the combined events (decathlon- heptathlon) shall present to the call room at the beginning of the first event of each day.

For the second event and the following events, athletes shall be grouped at the rest room and accompanied by a combined events Referee.

Although athletes are not obliged to stay in the rest zone between events, this zone will serve as call room for all the following events. Athletes shall go back to the rest zone before the beginning of the following events so as to be controlled again.

Combined events' athletes will be able to have meal in the rest zone if the competition timetable requires it.

The rest zone is reserved for athletes. However, the appointed team officials may have access to it in order to meet athletes there.

X- PROTEST AND APPEAL

Protest shall be dealt with as per rule 146 of IAAF.

They must be made within **the thirty (30) minutes** following the official announcement of the results.

Any protest shall first be made orally to the referee by the athlete himself or by someone on his behalf.

Such person or team may protest only if they are competing in the same round of the event to which the protest relates.

The referee may decide or refer the matter to the jury of appeal. If the referee makes a decision, there will be a right to appeal to the jury of appeal.

Where the referee is not accessible or available, the protest should be made to him through the technical Information Center.

The appeals to the jury of appeal shall be written on the appeal form available at the TIC. It must be signed by the official in charge on behalf of the athlete and must be submitted with a deposit **of 100 US\$** (or equivalent in local currency).

The appeal must be submitted within **the thirty (30) minutes** following the decision of the referee.

A signed copy of the appeal shall be given to the person who presented it. The copy must indicate the official hour of the appeal presentation as well as the payment of the indicated amount of money.

The jury of appeal will give a written answer, a copy will be placed in the team's shelf at the TIC and if possible, another copy will be posted on the display board.

XI- CONTROL STATION –MIXED ZONE

Mixed Zone: all athletes shall leave the competition venue via the mixed zone. In this zone, Medias will be able to make quick interviews.

Control Station: after finishing the competition, all athletes must head for this station which is next to the athletes exit out of the competition area. The runners will there take back their equipment.

All selected athletes for the anti-doping control will be informed about this and led to the anti-doping control center.

Athletes who are not subject to anti-doping control or who will not participate in the medal ceremonies may leave the station and head for the stands. Once an athlete leaves this zone, he or she may not return there anymore.