

20th CAA African Senior Championships

Record Data Sheet

Supplied and Updated by SAAS T&F Stats :-

11-May-16

Women

<u>Record</u>	<u>Event</u>	<u>Performance</u>	<u>Wind</u>	<u>Name</u>	<u>Surname</u>	<u>Team</u>	<u>Venue</u>	<u>Date</u>
World Record (WR)	100m	10.49	0.0	Florence	GRIFFITH-JOINER	USA	Indianapolis	16-Jul-88
African Record (AR)		10.79	1.1	Blessing	OKABARIE	NGR	London	27-Jul-13
CAA Champs Record (CR)		11.00	0.0	Blessing	OKABARIE	NGR	Marrakech	2014
World Lead (WL)		10.80	0.7	Tori	BOWIE	USA	Doha	06-May-16
South African Record (SA)		11.06	1.0	Evette	DE KLERK	RSA	Germiston	20-Apr-90
		11.06	1.2	Carina	HORN	RSA	Madrid	11-Jul-15
Olympic Qualificaton (OQ)		11.32						
World Record (WR)	200m	21.34	1.3	Florence	GRIFFITH-JOINER	USA	Seoul	29-Sep-88
African Record (AR)		22.07	-0.1	Mary	ONYALI-OMAGBEMI	NGR	Zurich	14-Aug-96
CAA Champs Record (CR)		22.22	-0.9	Falilat	OGUNKOYA	NGR	Dakar	1998
World Lead (WL)		21.93	0.7	Dafne	SCHIPPERS	NED	Olso	09-Jun-16
South African Record (SA)		22.06	0.7	Evette	DE KLERK	RSA	Pietersburg	08-Apr-89
Olympic Qualificaton (OQ)		23.20						
World Record (WR)	400m	47.60		Marita	KOCH	GDR	Canberra	06-Oct-85
African Record (AR)		49.10		Falilat	OGUNKOYA	NGR	Atlanta	29-Jul-96
CAA Champs Record (CR)		49.54		Amantle	MONTSHO	BOT	Porto Novo	2012
World Lead (WL)		49.69		Shaunae	MILLER	BAH	Nassau	16-Apr-16
South African Record (SA)		50.05		Heide	SEYERLING	RSA	Sydney	25-Sep-00
Olympic Qualificaton (OQ)		52.20						

World Record (WR)	800m	1:53.28	Jermila	KRATOCHVILOVA	TCH	Munich	26-Jul-83
African Record (AR)		1:54.01	Pamela	JELIMO	KEN	Zurich	29-Aug-08
CAA Champs Record (CR)		1:56.36	Maria	MUTOLA	MOZ	Durban	1993
World Lead (WL)		1:56.64	Caster	SEMENYA	RSA	Rome	02-Jun-16
South African Record (SA)		1:55.45	Caster	SEMENYA	RSA	Berlin	19-Aug-09
Olympic Qualificaton (OQ)		2:01.50					
World Record (WR)	1 500m	3:50.07	Genzebe	DIBABA	ETH	Monaco	17-Jul-15
African Record (AR)		3:50.07	Genzebe	DIBABA	ETH	Monaco	17-Jul-15
CAA Champs Record (CR)		4:05.80	Rabah	ARAFI	MAR	Porto Novo	2012
World Lead (WL)		3:56.41	Faith Chepngetich	KIPYAGO	KEN	Eugene	28-May-16
South African Record (SA)		4:01.81	Zola	BUDD	RSA	Port Elizabeth	21-Mar-84
Olympic Qualificaton (OQ)		4:07.00					
World Record (WR)	5 000m	14:11.15	Tirunesh	DIBABA	ETH	Oslo	06-Jun-08
African Record (AR)		14:11.15	Tirunesh	DIBABA	ETH	Oslo	06-Jun-08
CAA Champs Record (CR)		15:32.72	Almaz	AYANA	ETH	Marrakech	2014
World Lead (WL)		14:12.59	Almaz	AYANA	ETH	Rome	02-Jun-16
South African Record (SA)		14:44.05	Elana	MEYER	RSA	Hechtel	22-Jul-95
Olympic Qualificaton (OQ)		15:24.00					
World Record (WR)	10 000m	29:31.78	Junxia	WANG	CHN	Beijing	08-Sep-93
African Record (AR)		29:53.80	Meselech	MELKAMU	ETH	Utrecht	14-Jun-09
CAA Champs Record (CR)		31:27.96	Edith	MASSAI	KEN	Mauritius	2006
World Lead (WL)		30:56.26	Netsanet	GUDETA	ETH	Herzogenaurach	13-May-16
South African Record (SA)		30:52.51	Elana	MEYER	RSA	London	10-Sep-94
Olympic Qualificaton (OQ)		32:15.00					

World Record (WR)	3 000m Steeplechase	8:58.81		Gulnara	GALKINA	RUS	Beijing	17-Aug-08
African Record (AR)		9:00.01		Hyvin Kiyeng	JEPKEMOI	KEN	Eugene	28-May-16
CAA Champs Record (CR)		9:29.54		Hiwot Ayalew	YEMMAR	ETH	Marrakech	2014
World Lead (WL)		8:59.97		Ruth	JEBET	BRN	Eugene	28-May-16
South African Record (SA)		9:54.19		Teboho	MASEHLA	RSA	Ordegem	04-Jun-11
Olympic Qualificaton (OQ)		9:45.00						

World Record (WR)	100m Hurdles	12.21	0.7	Yordanka	DONKOVA	BUL	Stara Zagora	20-Aug-88
African Record (AR)		12.44	0.7	Glory	ALOZIE	NGR	Sevilla	28-Aug-99
CAA Champs Record (CR)		12.77	-0.1	Glory	ALOZIE	NGR	Dakar	1998
World Lead (WL)		12.24	0.7	Kendra	HARRIS	USA	Eugene	28-May-16
South African Record (SA)		12.94	1.8	Corien	BOTHA	RSA	Salamanca	10-Jul-98
Olympic Qualificaton (OQ)		13.00						

World Record (WR)	400m Hurdles	52.34		Yuliya	PECHEKINA	RUS	Tula	08-Aug-03
African Record (AR)		52.90		Nezha	BIDOUANE	MAR	Sevilla	25-Aug-99
CAA Champs Record (CR)		54.24		Nezha	BIDOUANE	MAR	Dakar	1998
World Lead (WL)		53.96		Janieve	RUSSELL	JAM	Rome	02-Jun-16
South African Record (SA)		53.74		Myrtle	BOTHMA	RSA	Johannesburg	18-Apr-86
Olympic Qualificaton (OQ)		56.20						

World Record (WR)	High Jump	2.09		Stefka	KOSTADINOVA	BUL	Rome	30-Aug-87
African Record (AR)		2.06		Hestrie	CLOETE	RSA	Paris	31-Aug-03
CAA Champs Record (CR)		1.95		Lucienne	NDA	CIV	Mauritius	1992
		1.95		Hestrie	CLOETE	RSA	Brazzaville	2004
World Lead (WL)		1.96		Chaunte'	LOWE	USA	Rio de Janeiro	14-May-16
South African Record (SA)		2.06		Hestrie	CLOETE	RSA	Paris	31-Aug-03
Olympic Qualificaton (OQ)		1.93						

World Record (WR)	Pole Vault	5.06		Elena	ISINBAEVA	RUS	Zurich	28-Aug-09
African Record (AR)		4.42		Elmarie	GERRYTS	RSA	Wesel	12-Jun-00
CAA Champs Record (CR)		4.21		Syrine	BALTI	TUN	Mauritius	2006
World Lead (WL)		4.86		Ekaterini	STEFANIDI	GRE	Athens	08-Jun-16
South African Record (SA)		4.42		Elmarie	GERRYTS	RSA	Wesel	12-Jun-00
Olympic Qualificaton (OQ)		4.50						
World Record (WR)	Long Jump	7.52	1.4	Galina	CHISTYAKOVA	URS	Leningrad	11-Jun-88
African Record (AR)		7.12	0.9	Chioma	AJUNWA	NGR	Atlanta	02-Aug-96
CAA Champs Record (CR)		6.96	1.7	Blessing	OKAGBARE	NGR	Porto Nova	2012
World Lead (WL)		7.16	1.6	Sosthene	MOGUENARA	GER	Weinheim	28-May-16
South African Record (SA)		6.93	1.6	Karen	MAY	RSA	Bad Lengensalza	07-Jul-07
Olympic Qualificaton (OQ)		6.70						
World Record (WR)	Triple Jump	15.50	0.9	Inessa	KRAVETS	UKR	Gotenborg	10-Aug-95
African Record (AR)		15.39	0.5	Francoise	MBANGO ETONE	CMR	Beijing	17-Aug-08
CAA Champs Record (CR)		14.95	1.1	Francoise	MBANGO ETONE	CMR	Tunisia	2002
World Lead (WL)		15.04	1.5	Catherine	IBARGUEN	COL	Doha	06-May-16
South African Record (SA)		13.89	0.6	Patience	NTSHINGILA	RSA	Potchefstroom	24-Mar-12
Olympic Qualificaton (OQ)		14.15						
World Record (WR)	Shot Put	22.63		Natalya	LISOVSKAYA	URS	Moscow	07-Jun-87
African Record (AR)		18.43		Vivian	CHUKWUEMEKA	NGR	Walnut	19-Apr-03
CAA Champs Record (CR)		17.60		Vivian	CHUKWUEMEKA	NGR	Tunisia	2002
World Lead (WL)		20.43		Lijiao	GONG	CHN	Halle	21-May-16
South African Record (SA)		17.88		Drienkie	VAN WYK	RSA	Germiston	25-Jan-02
Olympic Qualificaton (OQ)		17.75						

World Record (WR)	Discus	76.80	Gabrielle	REINSCH	GDR	Neubrandenburg	09-Jul-88
African Record (AR)		64.87	Elizna	NAUDE	RSA	Stellenbosch	02-Mar-07
CAA Champs Record (CR)		59.79	Chinwe	OKORO	NGR	Marrakech	2014
World Lead (WL)		70.88	Sandra	PERKOVIC	CRO	Shanghai	14-May-16
South African Record (SA)		64.87	Elizna	NAUDE	RSA	Stellenbosch	02-Mar-07
Olympic Qualificaton (OQ)		61.00					
World Record (WR)	Hammer Throw	81.08	Anita	WLODARCZYK	POL	Cetniewo	01-Aug-15
African Record (AR)		69.70	Amy	SENE	SEN	Forbach	25-May-14
CAA Champs Record (CR)		66.14	Marwa Ahmed	ARAFAT	EGY	Brazzaville	2004
World Lead (WL)		79.48	Anita	WLODARCZYK	POL	Halle	21-May-16
South African Record (SA)		60.99	Annemie	SMITH	RSA	East Lansing	15-May-15
Olympic Qualificaton (OQ)		71.11					
World Record (WR)	Javelin	72.28	Barbora	SPOTAKOVA	CZE	Stuttgart	13-Sep-08
African Record (AR)		69.35	Sunette	VILJOEN	RSA	New York	09-Jun-12
CAA Champs Record (CR)		65.32	Sunette	VILJOEN	RSA	Marrakech	2014
World Lead (WL)		65.68	Madara	PALAMEIKA	LAT	Birmingham	05-Jun-16
South African Record (SA)		69.35	Sunette	VILJOEN	RSA	New York	09-Jun-12
Olympic Qualificaton (OQ)		62.00					
World Record (WR)	Heptathlon	7291	Jackie	JOYNER-KERSEE	USA	Seoul	23/24-Sep-88
African Record (AR)		6423	Margaret	SIMPSON	GHA	Gotzis	28/29-May-05
CAA Champs Record (CR)		6031	Margaret	SIMPSON	GHA	Nairobi	2010
World Lead (WL)		6765	Brianne	THEISEN-EATON	CAN	Gotzis	28/29-May-16
South African Record (SA)		6181	Janice	JOSEPHS	RSA	Melbourne	21/22-Mar-06
Olympic Qualificaton (OQ)		6200					

World Record (WR)	4 x 100m Relay	40.82	UNITED STATES	USA	London	10-Aug-12
African Record (AR)		42.39	NIGERIA	NGR	Barcelona	07-Aug-92
CAA Champs Record (CR)		43.21	NIGERIA	NGR	Porto Nova	2012
World Lead (WL)		42.00	GERMANY	GER	Regensburg	05-Jun-16
South African Record (SA)		43.25	SOUTH AFRICA	RSA	Pietersburg	18-Mar-00
Olympic Qualificaton (OQ)		IOC Top 16				

World Record (WR)	4 x 400m Relay	3:15.17	USSR	URS	Seoul	01-Oct-88
African Record (AR)		3:21.04	NIGERIA	NGR	Atlanta	03-Aug-96
CAA Champs Record (CR)		3:28.77	NIGERIA	NGR	Porto Nova	2012
World Lead (WL)		3:25.48	UNIVERSITY OF ARKANSAS	USA	Lawrence	28-May-16
South African Record (SA)		3:30.12	SOUTH AFRICA	RSA	Brazzaville	18-Jul-04
Olympic Qualificaton (OQ)		IOC Top 16				

World Record (WR)	20km Walk	1:24:38.00	Hong	LIU	CHN	La Coruna	06-Jun-15
African Record (AR)		1:34:19.00	Grace Wanjiru	NJUE	KEN	Nairobi	01-Aug-10
CAA Champs Record (CR)		1:34.19.00	Grace Wanjiru	NJUE	KEN	Nairobi	2010
World Lead (WL)		1:25:56.00	Hong	LIU	CHN	Huangshan	06-Mar-16
South African Record (SA)		1:36:18.00	Susan	VERMEULEN	RSA	Mezidon	02-May-99
Olympic Qualificaton (OQ)		1:36:00.00					