

# 20th CAA African Senior Championships

## Record Data Sheet

Supplied and Updated by SAAS T&F Stats :-

11-Jun-16

### Men

<u>Record</u>	<u>Event</u>	<u>Performance</u>	<u>Wind</u>	<u>Name</u>	<u>Surname</u>	<u>Team</u>	<u>Venue</u>	<u>Date</u>
World Record (WR)	<b>100m</b>	09.58	0.9	Usain	BOLT	JAM	Berlin	16-Aug-09
African Record (AR)		09.85	1.7	Olusoji	FASUBA	NGR	Doha	1-May-06
CAA Champs Record (CR)		09.94	0.1	Sean	OGUNKOYA	NGR	Dakar	1998
World Lead (WL)		09.86	1.8	Jimmy	VICUAT	FRA	Montreuil	07-Jun-16
South African Record (SA)		09.96	0.4	Akani	SIMBINI	RSA	Pretoria	08-Mar-16
Olympic Qualificaton (OQ)		10.16						
World Record (WR)	<b>200m</b>	19.19	-0.3	Usain	BOLT	JAM	Berlin	20-Aug-09
African Record (AR)		19.68	0.4	Frank	FREDERICKS	NAM	Atlanta	01-Aug-96
CAA Champs Record (CR)		19.99	0.9	Frank	FREDERICKS	NAM	Dakar	1998
World Lead (WL)		19.78	0.9	LeShawn	MERRITT	USA	Nassau	16-Apr-16
South African Record (SA)		19.87	0.1	Anaso	Jobodwana	RSA	Beijing	27-Aug-15
Olympic Qualificaton (OQ)		20.50						
World Record (WR)	<b>400m</b>	43.18		Michael	JOHNSON	USA	Sevilla	26-Aug-99
African Record (AR)		43.48		Wayde	VAN NIEKERK	RSA	Beijing	26-Aug-15
CAA Champs Record (CR)		44.23		Isaac	MAKWALA	BOT	Marrakech	2014
World Lead (WL)		44.08		Kirani	JAMES	GRN	Des Moines	29-Apr-16
South African Record (SA)		43.48		Wayde	VAN NIEKERK	RSA	Beijing	26-Aug-15
Olympic Qualificaton (OQ)		45.40						

World Record (WR)	<b>800m</b>	1:40.91	David Lekuta	RUDISHA	KEN	London	09-Aug-12
African Record (AR)		1:40.91	David Lekuta	RUDISHA	KEN	London	09-Aug-12
CAA Champs Record (CR)		1:42.84	David Lekuta	RUDISHA	KEN	Nairobi	2010
World Lead (WL)		1:43.37	Nicholas Kiplangat	KIPKOECH	KEN	Nairobi	29-Apr-16
South African Record (SA)		1:42.69	Hezekiel	SEPENG	RSA	Brussels	03-Sep-99
Olympic Qualificaton (OQ)		1:46.00					
World Record (WR)	<b>1 500m</b>	3:26.00	Hicham	EL GUERROUJ	MAR	Rome	14-Jul-98
African Record (AR)		3:26.00	Hicham	EL GUERROUJ	MAR	Rome	14-Jul-98
CAA Champs Record (CR)		3:35.71	Caleb	MWANGANGI	KEN	Porto Novo	2012
World Lead (WL)		3:29.33	Asbel	KIPROP	KEN	Birmingham	05-Jun-16
South African Record (SA)		3:31.93	Johan	CRONJE	RSA	Riete	08-Sep-13
Olympic Qualificaton (OQ)		3:36.20					
World Record (WR)	<b>5 000m</b>	12:37.35	Kenenisa	BEKELE	ETH	Hengelo	31-May-04
African Record (AR)		12:37.35	Kenenisa	BEKELE	ETH	Hengelo	31-May-04
CAA Champs Record (CR)		13:09.68	Simon	CHEMOIYWO	KEN	Durban	2003
World Lead (WL)		12:59.43	Muktar	EDRIS	ETH	Eugene	28-May-16
South African Record (SA)		13:04.88	Elroy	GALANT	RSA	Hengelo	22-May-16
Olympic Qualificaton (OQ)		13:25.00					
World Record (WR)	<b>10 000m</b>	26:17.53	Kenenisa	BEKELE	ETH	Bruxelles	26-Aug-05
African Record (AR)		26:17.53	Kenenisa	BEKELE	ETH	Bruxelles	26-Aug-05
CAA Champs Record (CR)		27:19.74	Kennet	KIPKEMOI	KEN	Porto Novo	2012
World Lead (WL)		26:53.71	Mohamed	FARAH	GBR	Eugene	27-May-16
South African Record (SA)		27:29.94	Hendrick	RAMAALA	RSA	Port Elizabeth	22-Feb-99
Olympic Qualificaton (OQ)		28:00.00					

World Record (WR)	<b>3 000m Steeplechase</b>	7:53.63		Saif Saaeed	SHAHEEN	QAT	Bruxelles	03-Sep-04
African Record (AR)		7:53.64		Brimin Kirop	KIPRUTO	KEN	Monaco	22-Jul-11
CAA Champs Record (CR)		8:11.03		Paul Kipsiele	KOECH	KEN	Mauritius	2006
World Lead (WL)		8:00.12		Conseslus	KIPRUTO	KEN	Birmingham	05-Jun-16
South African Record (SA)		8:11.50		Ruben	RAMOLEFI	RSA	Dague	29-Aug-11
Olympic Qualificaton (OQ)		8:30.00						

World Record (WR)	<b>110m Hurdles</b>	12.80	0.3	Aries	Merritt	USA	Bruxelles	07-Sep-12
African Record (AR)		13.24	0.3	Lehann	FOURIE	RSA	Bruxelles	07-Sep-12
CAA Champs Record (CR)		13.55	-0.8	Lehann	FOURIE	RSA	Porto Novo	2012
World Lead (WL)		12.98	1.2	Omar	MCLEOD	JAM	Shanghai	14-May-16
South African Record (SA)		13.24	0.3	Lehann	FOURIE	RSA	Bruxelles	07-Sep-12
Olympic Qualificaton (OQ)		13.47						

World Record (WR)	<b>400m Hurdles</b>	46.78		Kevin	YOUNG	USA	Barcelona	06-Aug-92
African Record (AR)		47.10		Samuel	MATETE	ZAM	Zurich	07-Aug-91
CAA Champs Record (CR)		48.29		El Hadj Amadou	DIA BA	SEN	Cairo	1985
World Lead (WL)		48.36		Johnny	DUTCH	USA	Nassau	16-Apr-16
South African Record (SA)		47.66		Louis	VAN ZYL	RSA	Ostrava	31-May-11
Olympic Qualificaton (OQ)		49.40						

World Record (WR)	<b>High Jump</b>	2.45		Javier	SOTOMAYOR	CUB	Salamanca	27-Jul-93
African Record (AR)		2.38		Jacques	FREITAG	RSA	Outshoorn	05-Mar-05
CAA Champs Record (CR)		2.34		Aderrahmane	HAMMAD	ALG	Algiers	2000
		2.34		Kabelo	KOSIEMANG	BOT	Addis Abbaba	2008
World Lead (WL)		2.37		Mutaz Essa	BARSHIM	QAT	Birmingham	05-Jun-16
South African Record (SA)		2.38		Jacques	FREITAG	RSA	Outshoorn	05-Mar-05
Olympic Qualificaton (OQ)	2.29							

World Record (WR)	<b>Pole Vault</b>	6.16		Renaud	LAVILLENIE	FRA	Donetsk	15-Feb-14
African Record (AR)		6.03		Ockkert	BRITS	RSA	Koln	18-Aug-95
CAA Champs Record (CR)		5.41		Cheyne	RAHME	RSA	Marrakech	2014
World Lead (WL)		5.92		Sam	KENDRICKS	USA	Beijing	18-May-16
South African Record (SA)		6.03		Ockkert	BRITS	RSA	Koln	18-Aug-95
Olympic Qualificaton (OQ)		5.70						
World Record (WR)	<b>Long Jump</b>	8.95	0.3	Mike	POWELL	USA	Toyko	30-Aug-91
African Record (AR)		8.50	1.3	Godfrey Khotso	MOKOENA	RSA	Madrid	04-Jul-09
CAA Champs Record (CR)		8.34	1.4	Youness	MOUDRIK	MAR	Algiers	2000
World Lead (WL)		8.45	0.8	Marquise	GOODWIN	USA	Baie Mahault	14-May-16
South African Record (SA)		8.50	1.3	Godfrey Khotso	MOKOENA	RSA	Madrid	04-Jul-09
Olympic Qualificaton (OQ)		8.15						
World Record (WR)	<b>Triple Jump</b>	18.29	1.3	Jonathan	EDWARDS	GBR	Gotenborg	07-Aug-95
African Record (AR)		17.37	2.0	Tarik	BOUGUETAIB	MAR	Khemisset	14-Jul-07
CAA Champs Record (CR)		17.35	0.2	Godfrey Khotso	MOKOENA	RSA	Marrakech	2014
World Lead (WL)		17.76	0.8	Christian	TAYLOR	USA	Eugene	28-May-16
South African Record (SA)		17.35	0.2	Godfrey Khotso	MOKOENA	RSA	Marrakech	14-Sep-14
Olympic Qualificaton (OQ)		16.85						
World Record (WR)	<b>Shot Put</b>	23.12		Randy	BARNES	USA	Los Angeles	20-May-90
African Record (AR)		21.97		Janus	ROBBERTS	RSA	Eugene	02-Jun-01
CAA Champs Record (CR)		21.02		Janus	ROBBERTS	RSA	Brazzaville	2004
World Lead (WL)		22.13		Joe	KOVACS	USA	Eugene	27-May-16
South African Record (SA)		21.97		Janus	ROBBERTS	RSA	Eugene	02-Jun-01
Olympic Qualificaton (OQ)		20.50						

World Record (WR)	<b>Discus</b>	74.08	Jurgen	SCHULT	GDR	Neubrandenburg	06-Jun-86
African Record (AR)		70.32	Frantz	KRUGER	RSA	Salon-de-Provence	26-May-02
CAA Champs Record (CR)		63.85	Frantz	KRUGER	RSA	Brazzaville	2004
World Lead (WL)		68.15	Piotr	MALACHOWSKI	POL	Warszawa	28-May-16
South African Record (SA)		70.32	Frantz	KRUGER	RSA	Salon-de-Provence	26-May-02
Olympic Qualificaton (OQ)		65.00					
World Record (WR)	<b>Hammer Throw</b>	86.74	Yuriy	SEDYKH	URS	Stuttgart	30-Aug-86
African Record (AR)		81.27	Mostafa	ELGAMEL	EGY	Al-Qahirah	21-Mar-14
CAA Champs Record (CR)		79.09	Mostafa	ELGAMEL	EGY	Marrakech	2014
World Lead (WL)		81.71	Pawel	FAJDEK	POL	Bydgoszcz	05-Jun-16
South African Record (SA)		80.63	Chris	Harmse	RSA	Durban	15-Apr-05
Olympic Qualificaton (OQ)		77.00					
World Record (WR)	<b>Javelin</b>	98.48	Jan	ZELEZNY	CZE	Jena	25-May-96
African Record (AR)		92.72	Julius	YEGO	KEN	Beijing	26-Aug-15
CAA Champs Record (CR)		87.26	Tom	Petranof	RSA	Mauritius	1992
World Lead (WL)		89.30	Thomas	ROHLER	GER	Oslo	09-Jun-16
South African Record (SA)		88.75	Marius	CORBETT	RSA	Kuala Lumpur	21-Sep-98
Olympic Qualificaton (OQ)		83.00					
World Record (WR)	<b>Decathlon</b>	9045	Ashton	EATON	USA	Beijing	28/29-Aug-15
African Record (AR)		8461	Larbi	BOURRADA	ALG	Beijing	28/29-Aug-15
CAA Champs Record (CR)		8311	Larbi	BOURRADA	ALG	Marrakech	2014
World Lead (WL)		8523	Damian	WARNER	CAN	Gotzis	28/29-May-16
South African Record (SA)		8398	Willem	COERTZEN	RSA	Gotzis	30/31-May-15
Olympic Qualificaton (OQ)		8100					

World Record (WR)	<b>4 x 100m Relay</b>	36.84	JAMAICA	JAM	London	11-Aug-12
African Record (AR)		37.94	NIGERIA	NGR	Athens	19-Aug-97
CAA Champs Record (CR)		38.75	SOUTH AFRICA	RSA	Addis Abbaba	2008
World Lead (WL)		38.11	CANADA "B"	CAN	Gainsville	02-Apr-16
South African Record (SA)		38.35	SOUTH AFRICA	RSA	Glasgow	01-Aug-14
Olympic Qualificaton (OQ)		IOC Top 16				

World Record (WR)	<b>4 x 400m Relay</b>	2:54.29	UNITED STATES	USA	Stuttgart	22-Aug-93
African Record (AR)		2:58.68	NIGERIA	NGR	Sydney	30-Sep-00
CAA Champs Record (CR)		3:01.86	KENYA	KEN	Cairo	1985
World Lead (WL)		3:00.38	LOUISIANA STATE UNIVERSITY	USA	Baton Rouge	23-Apr-16
South African Record (SA)		2:59.21	SOUTH AFRICA	RSA	Daegue	01-Sep-11
Olympic Qualificaton (OQ)		IOC Top 16				

World Record (WR)	<b>20km Walk</b>	1:16:36.00	Yusuke	SUZUKI	JPN	Nomi	15-Mar-15
African Record (AR)		1:19:02.00	Hatem	GHOULA	TUN	Eisenhuttenstadt	10-May-97
CAA Champs Record (CR)		1:20:36.00	Assanine	SBEI	TUN	Nairobi	2010
World Lead (WL)		1:18:26.00	Eiki	TAKAHASHI	JPN	Kobe	21-Feb-16
South African Record (SA)		1:20:06.00	Lebogang	SHANGE	RSA	Adelaide	21-Feb-16
Olympic Qualificaton (OQ)		1:24:00.00					